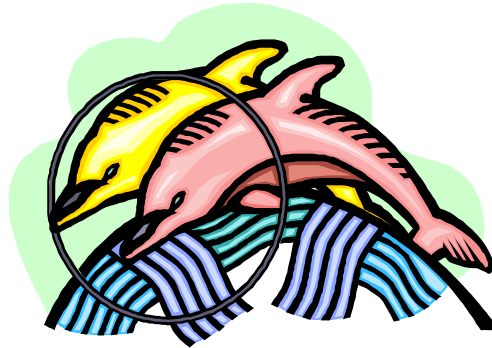


*OCEANSIDE  
MIDDLE SCHOOL*



*PARENT  
HANDBOOK*

*2010/2011*

*Be Safe, Be Respectful,  
Be Responsible.*

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Guidance, PPS & Business Education K-12  
World Languages & ESL K-12  
Administrative Technology K-12  
Mathematics 3-8  
English & Reading K-12; Social Studies 7-8

# TABLE OF CONTENTS

Regular Bell Schedule.....	1
Curriculum Overview.....	2
Enrichment Core Program.....	3
Athletics.....	4
Clubs & Sports.....	5
Transportation.....	6-9
Supporting OMS Students.....	10
Student/Parent Responsibilities.....	11
Internet Safety—A Very Middle School Issue.....	12-13
Social and Emotional Learning Initiative.....	14-15
State Assessments.....	16
Frequently Asked Questions.....	17
Problems? Concerns? Questions? Who to call at OMS.....	18
Glossary.....	19-21

# REGULAR BELL SCHEDULE

**ADVISORY** 7:40 – 7:49

**PERIOD 1** 7:52 – 8:34

**PERIOD 2** 8:37 – 9:19

**PERIOD 3** 9:22 – 10:04

**PERIOD 4** 10:07 – 11:07

Lunch (7-1: *Café A* & 7-4: *Café B*) 10:07 – 10:27  
Class 10:29 – 11:07

Class (7-2: *Café A* & 7-3: *Café B*) 10:07 – 10:45  
Lunch 10:47 – 11:07

**PERIOD 5** 11:10 – 12:10

Lunch (8-2: *Café A* & 8-3: *Café B*) 11:10 – 11:30  
Class 11:32 – 12:10

Class (8-1: *Café A* & 8-4: *Café B*) 11:10 – 11:48  
Lunch 11:50 – 12:10

**PERIOD 6** 12:13 – 12:55

**PERIOD 7** 12:58 – 1:40

**PERIOD 8** 1:43 – 2:25

**PERIOD 9** 2:28 – 3:10

# Curriculum Overview

The academic program at the middle school reflects a series of experiences that challenge all students to learn at a variety of levels. Our Middle School academic program:

- Emphasizes a standards-based educational program that challenges students in all subject areas.
- Encourages students to be thoughtful learners through hands-on experiences that assist them in constructing knowledge.
- Includes interdisciplinary connections that enhance understanding in all subject areas.

In addition to other courses, most students participate in the following courses of study:

Math  
English Language Arts  
Social Studies  
Science  
(Grade 8)

Physical Education  
Family and Consumer Sciences  
Art  
Health

Performing Music  
General Music  
Personal Finance (Grade 7)  
Human Relations



# Enrichment Core Program

Our Enrichment Core program presently services nearly 500 students, or almost 50% of our student population, and continues to evolve into a program that challenges the talents, abilities, and interests of our students in their respective areas of emphasis. Our students presently compete at middle level competitions such as the Math Fair, the Science Olympiad, as well as having their talents on display at our in-house exhibits and showcases, as we do in the Art Enrichment and Music Theory programs. Our students in the Enrichment Core program find themselves in a focused area of study and research that is of great service to those students who may be initiating the seeds of a future Intel project.

The modules presently offered in our Enrichment Core program are listed below:

Science Research  
Math Research  
Art Enrichment

Music Theory  
Great Books  
Social Science Research (Grade 8)

# Athletics

## **Fall Sports**

Combined grades Cross-Country (Boys and Girls), Combined grades Cheerleading, Combined grades Football, 7th Grade Soccer (Boys and Girls), 8th Grade Soccer (Boys and Girls), Varsity 7-12 Swimming (Girls) and Combined grades Tennis (Boys).

## **Winter Sports**

Winter I: 7th Grade Basketball (Boys), 8th Grade Basketball (Boys), Combined grades Cheerleading, 7th Grade Volleyball (Girls), 8th Grade Volleyball (Girls)  
OMS-Winter II: 7th Grade Basketball (Girls), 8th Grade Basketball (Girls), Combined grade Volleyball (Boys), Wrestling (Boys)

## **Spring Sports**

7th Grade Baseball (Boys), 8th Grade Baseball (Boys), Combined grades Gymnastics (Girls), 7th Grade Lacrosse (Boys and Girls), 8th Grade Lacrosse (Boys and Girls), 7th Grade Softball (Girls), 8th Grade Softball (Girls), Combined grades Track and Field (Boys and Girls), and Combined grades Tennis (Girls).

All information regarding our sports program, including starting/ending dates, necessary forms for participation, team schedules, and directions to locations are found our athletic program web site.

<http://oceansideschools.org/sports/index.htm>



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