



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN NUGGETS	2 GRILLED CHEESE	3 STRIPS OF FIRE	4 HAMBURGER OR CHEESEBURGER	5 MOZZARELLA STICKS
8 COLUMBUS DAY SCHOOLS CLOSED	9 GRILLED CHEESE	10 STRIPS OF FIRE	11 TWIN TACOS	12 MOZZARELLA STICKS
15 CHICKEN TERIYAKI BITES	16 TWIN HOT DOGS	17 STRIPS OF FIRE	18 HAMBURGER OR CHEESEBURGER	19 MOZZARELLA STICKS
22 POPCORN CHICKEN	23 GRILLED CHEESE	24 STRIPS OF FIRE	25 TWIN TACOS	26 MOZZARELLA STICKS
29 CHICKEN TERRIAKI	30 MEATBALL PARM HERO	31 STRIPS OF FIRE		

WHAT IS A COMPLETE LUNCH?

Take at least 3 out of 5!

A complete lunch consists of at least 3 of the 5 components offered:

1. Meat/Meal Alternate
2. Vegetable
3. Fruit or 100% fruit juice
4. Grain
5. Milk

MUST TAKE A FRUIT OR VEG-ETABLE

ALTERNATIVE ENTREES

AVAILABLE MON. - FRI.

CHEF SALAD
 TURKEY SANDWICH
 PEANUT BUTTER & JELLY
 CHEESE SANDWICH
 TUNA SANDWICH
 YOGURT PARFAIT
 WHOLE WHEAT PIZZA
 CHICKEN PATTY
 CHEF SALAD

BOAR'S HEAD
DELI BAR—\$4.50

DID YOU KNOW...?
LUNCH IS A MEAL!
 Kids who take sides, eating fruits & veggies with their entrée, are more satisfied and have more energy to get through a busy day!

STUDENT LUNCH IS \$2.90
 The school lunch office can be reached at 516-678-7548
 Online Payments & Account Information is available at www.myschoolbucks.com