


OCEANSIDE HIGH SCHOOL MENU

MAY 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 GRILLED CHEESE	2 STRIPS OF FIRE	3 HAMBURGER OR CHEESEBURGER	4 MOZZARELLA STICKS
7 CHICKEN TERIAKI	8 TWIN HOT DOGS	9 STRIPS OF FIRE	10 TWIN TACOS	11 MOZZARELLA STICKS
14 CHICKEN NUGGETS	15 MEATBALL PARM HERO	16 STRIPS OF FIRE	17 HAMBURGER OR CHEESEBURGER	18 MOZZARELLA STICKS
21 POPCORN CHICKEN	22 GRILLED CHEESE	23 STRIPS OF FIRE	24 TWIN TACOS	25 MOZZARELLA STICKS
28  SCHOOLS CLOSED	29 TWIN HOT DOGS	30 STRIPS OF FIRE	31 HAMBURGER OR CHEESEBURGER	MOZZARELLA STICKS

WHAT IS A COMPLETE LUNCH?

Take at least 3 out of 5!

A complete lunch consists of at least 3 of the 5 components offered:

1. Meat/Meal Alternate
2. Vegetable
3. Fruit or 100% fruit juice
4. Grain
5. Milk



ALTERNATIVE ENTREES

AVAILABLE MON. - FRI.

- CHEF SALAD
- TURKEY SANDWICH
- PEANUT BUTTER & JELLY
- CHEESE SANDWICH
- TUNA SANDWICH
- YOGURT PARFAIT
- WHOLE WHEAT PIZZA
- CHICKEN PATTY
- CHEF SALAD

BOAR'S HEAD
DELI BAR—\$4.50

**DID YOU KNOW...?
 LUNCH IS A MEAL!**

Kids who take sides, eating fruits & veggies with their entrée, are more satisfied and have more energy to get through a busy day!

STUDENT LUNCH IS \$2.90

The school lunch office can be reached at 516-678-7548
 Online Payments & Account Information is available at www.myschoolbucks.com