

# ELEMENTARY SCHOOL MENU

JANUARY 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NEW YEARS DAY <b>SCHOOLS CLOSED</b>	2 GRILLED CHEESE WG BREAD SLICED CARROTS APPLESAUCE CUP	3 WG ROTINI PASTA MEATBALLS OPTIONAL STEAMED BROCCOLI WG BREAD STICK PEAR SLICES	4 HAMBURGER OR CH/BURGER OVEN FRIES SWEET CORN FRESH ORANGE SLICES	5 WG PIZZA SQUARE PEPPERONI OPTIONAL TOSSED SALAD FRESH FRUIT
8 CHICKEN TERIAKI SMILEY POTATOES GREEN BEANS DICED PEARS	9 WG FRENCH TOAST SAUSAGE LINKS HASH BROWNS SYRUP PACKET DICED PEACHES	10 WG PENNE PASTA MEATBALLS OPTIONAL STEAMED BROCCOLI WG GARLIC BREAD APPLESAUCE CUP	11 TWIN TACOS SALAS/CORN CHEDDAR CHEESE CORN TACOS MIXED FRUIT CUP	12 WG PIZZA SLICE GARDEN SALAD CARROT STICKS FRESH FRUIT
15 MARTIN LUTHER KING JR BIRTHDAY <b>SCHOOLS CLOSED</b>	16 CHICKEN NUGGETS TATER TOTS PEAS & CARROTS APPLESAUCE CUP	17 WG SPAGHETTI MEATBALLS OPTIONAL STEAMED BROCCOLI WG BREAD STICKS DICED PEARS	18 HAMBURGER OR CH/BURGER OVEN FRIES SWEET CORN FRESH ORANGE SLICES	19 WG PIZZA SQUARE PEPPERONI OPTIONAL TOSSED SALAD FRESH FRUIT
22 POPCORN CHICKEN MASHED POTATOES GREEN BEANS PEACH CUP	23 WG FRENCH TOAST SAUSAGE LINKS HASH BROWNS SYRUP PACKET APPLE SLICES	24 WG PENNE PASTA MEATBALLS OPTIONAL STEAMED BROCCOLI WG GARLIC BREAD PEAR SLICES	25 TWIN TACOS SALAS/CORN CHEDDAR CHEESE CORN TACOS MIXED FRUIT CUP	26 WG PIZZA SLICE FRSH GARDEN SALAD CARROT SLICES FRESH FRUIT
29 CHICKEN NUGGETS SWEET POTATO PUFFS GREEN PEAS PEACHES	30 GRILLED CHEESE WG BREAD OVEN BAKED TATER TOTS STEAMED CARROTS APPLESAUCE CUP	31 WG ROTINI PASTA MEATBALLS OPTIONAL STEAMED BROCCOLI WG BREAD STICK PEAR SLICES		

### WHAT IS A COMPLETE LUNCH?

Take at least 3 out of 5!

A complete lunch consists of at least 3 of the 5 components offered:

1. Meat/Meal Alternate
2. Vegetable
3. Fruit or 100% fruit juice
4. Grain
5. Milk



### ALTERNATIVE ENTREES

#### AVAILABLE MONDAY - THURSDAY

PEANUT BUTTER & JELLY  
 CHEESE OR TURKEY SANDWICH  
 TUNA SANDWICH  
 YOGURT PARFAIT W/ WHOLE GRAIN ROLL  
 WHOLE WHEAT PIZZA  
 CHEF SALAD

#### AVAILABLE FRIDAY

GRILLED CHICKEN CAESAR SALAD  
 W/ WHOLE WHEAT BREADSTICK

STUDENT LUNCH IS \$2.60

The school lunch office can be reached at 516-678-7548

Online Payments &  
 Account Information is  
 available at  
[www.myschoolbucks.com](http://www.myschoolbucks.com)